

EST MMXIII

BLOOM

WHOLESOME *and* DELICIOUS

EAT-IN MENU

Please order at the counter,
we'll bring it to you when it's ready.

BREAKFAST SANDWICHES Served all day

Choose from Multi-seed, Granary, White* or Brioche* - all locally baked.

The Bacon Bloom £5.50

Bacon, free-range fried egg, squashed avocado, homemade plum sauce

Add any extra fillings for £1 each

The Sausage Bloom £6.00

H Clewlow's award winning pork sausage, free-range fried egg, homemade onion chutney

Add any extra fillings for £1 each

The Veggie Bloom (v) £5.50

Free-range egg scrambled with spinach & a hint of cheese, cherry tomatoes, mushrooms

Add any extra fillings for £1 each

PB & B (v) (n) £3.50

Peanut butter, banana, hazelnut chocolate spread, served toasted on a brioche* roll

BUILD YOUR OWN SANDWICH

- Bacon
- Sausage
- Free-range eggs (fried or scrambled)
- Avocado
- Tomatoes
- Mushrooms
- Homemade condiments
 - plum sauce
 - onion chutney
 - tomato chutney

1 FILLING

£4.00

2 FILLINGS

£4.50

3 FILLINGS

£5.50

4 FILLINGS

£6.00

5 FILLINGS

£6.50

A
*great
start*
to the day

BREAKFAST Served all day

Bloom Breakfast £7.50

H Clewlow's award winning sausage, bacon, free-range fried egg, tomatoes, mushrooms, sourdough toast

Bloom Veggie Breakfast (v) £6.50

Free-range egg scrambled with spinach & a hint of cheese, tomatoes, mushrooms, avocado, sourdough toast

Smoked Salmon & Scrambled Eggs £6.00

Served open on a toasted multi-seed roll

Add avocado for £1

Porridge (v) £3.50

Mornflake oats & hot milk, served with local Haughton honey or maple syrup

Add banana & almonds (n) for £1

Toast (v) £2.50

2 slices of delicious hot buttered sourdough toast served with jam, marmalade, peanut butter(n) or local Haughton honey

Fruit Toast (v) (n) £2.00

A light fruity loaf, served sliced and toasted with butter

* contains milk (v) suitable for vegetarians (n) contains nuts

DON'T FORGET TO
choose your side

COLD SANDWICHES

£6.50 including your choice of side

Choose from Multi-seed, Granary, White* or Brioche* - all **locally baked**.

Beef & Beets

Roast beef, watercress, horseradish, homemade beetroot chutney

NYC

Pastrami, emmental, gherkins, rocket, homemade tomato chutney, olive oil, mustard mayo

Go veggie and order the NYV (v)

Piri Piri

Roast chicken, piri piri spice, lettuce, tomato, paprika mayo

The Italian Job (n)

Roast chicken, tomatoes, rocket, pesto mayo

Farmer's Picnic

Roast ham, cheddar, salad, homemade onion chutney

Go veggie and order the Veggie Picnic (v)

Turkey Club

Turkey, bacon, avocado, lettuce, tomato, served on toasted sourdough

Punchy Prawns

Ginger & chilli prawns, avocado, watercress

Smoked Salmon & Cream Cheese

Smoked salmon, cream cheese, gherkins, watercress

The Hot Juan (v)

Feta, avocado, spinach, jalapenos

SIDES All of our sandwiches include **1 side**; take your pick from the following:

↪ **Homemade potato salad** with garlic & red onion

↪ **Delicious house coleslaw** with sultanas and wholegrain mustard

↪ **Rocket, cherry tomato, red onion & balsamic salad**

↪ **Seasoned, buttered corn** on the cob

Extra portions are available at £1.50 each

HOT SANDWICHES

£6.50 including your choice of side

GLUTEN FREE BREAD IS ALWAYS AVAILABLE, JUST ASK

Dirty Dog

H Clewlow's award winning pork sausage, onion, gherkins, ketchup, mustard mayo, served on a white finger roll*

Big Fish

Tuna mayo, cheddar, gherkins, red onion, served toasted on your choice of bread

Balsamic Blueberry (v)

Brie, blueberries, balsamic vinegar, spinach, served toasted on sourdough



CAN'T STAY? TAKE IT AWAY!

* contains milk (v) suitable for vegetarians (n) contains nuts

SALADS

Big
- Bold Salads! -
packed full of
goodness

Apple & Feta (v) (n) £6.00
Mixed leaves, apple, feta, pistachios, sunflower seeds, homemade honey & mustard dressing

Superfood (v) (n) £6.00
Spinach, broccoli, peas, cucumber, tomato, mint, almonds, pumpkin seeds, homemade soy, ginger & chilli dressing

Caesar £5.00
Romaine, parmesan, sourdough croutons, Caesar dressing

Add avocado for £1

← *Beef up your bowl with
Chicken or Avocado!*

Add sliced roast chicken for £2



KIDS All £4.00

Baby Bloom

A simple white* or granary roll - cut in half, served with apple wedges and either milk or squash. Choose a single filling from:

- Cheese
- Jam
- Ham
- Peanut (n) butter
- Tuna mayo

Plain Dog

A plain version of our Dirty Dog.

H Clewlow's award winning sausage served in a finger roll* with or without ketchup. Includes milk or squash.



Drinks

Babyccino with chocolate sprinkles £1.00
Bottle of Milk £1.00
Bottle of Squash 50p



HOME MADE
Cakes

Please visit the counter to view our range of delicious homemade cakes.

We only use the best ingredients and local, free-range eggs.



Most of our food is available to take away at a reduced price.

Please see our takeaway menu for details.

DRINKS

TEA

all varieties £2.00 per pot

A selection of delicious teas from the lovely teapigs!

Everyday brew

Earl grey strong

Mao feng green tea

Peppermint leaves (caffeine free)

Liquorice & mint (caffeine free)

Super fruit (caffeine free)

Lemon & ginger (caffeine free)

Apple & Cinnamon (caffeine free)

TEAPIGS MATCHA

A sort of superhero amongst teas! It's super-concentrated and packed full of the goodness we need to help keep us looking and feeling happy and healthy.

Skinny Green £2.50

Served as a long drink with hot water

Matcha latte £3.00

A hot, creamy alternative with all the benefits

COFFEE

Espresso £1.60 / £2.00

Americano £2.20

Flat White £2.80

Latte £2.40

Cappuccino £2.40

Mocha £3.00

with a spoon of solid Belgian chocolate

Flavoured syrups 40p

hazelnut, vanilla, caramel, gingerbread

Extra shot 40p

Decaf add 20p

Soya milk add 20p

SPECIALITY

Vanilla Chai Latte £2.70

A rich and creamy mixture of black tea and premium spices

Choc-O-Lait £2.70

A block of Belgian milk chocolate on the end of a wooden spoon, stirred into a cup of hot milk – real hot chocolate!

Please see the chiller for our cold drinks

YAY!

WE'LL HAPPILY REFILL YOUR POT WITH
HOT WATER FOR FREE – JUST ASK!

01270 618 882
eatatbloom.co.uk

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 tripadvisor

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hello@eatatbloom.co.uk

All of our ingredients are locally sourced where possible. Our bread is baked locally and our eggs are only ever free range.

Whilst every care is taken, we can't guarantee the absence of nuts or allergens in any of our dishes. Please ask if you'd like to see more allergen info.